



GRANTEE: Fairbanks Native Association

PROGRAM TITLE: Fairbanks Native Association Tribal Home Visiting Project

PROGRAM PERIOD: Cohort 1 (September 30, 2011 to September 29, 2015)

## **KEY GRANTEE PROGRAM STAFF**

| Name            | Title            | Phone                    | Email                         |
|-----------------|------------------|--------------------------|-------------------------------|
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# **GOAL OF THE PROGRAM**

The goal of the Fairbanks Native Association (FNA) Tribal Home Visiting Project is to support the development of healthy, happy, successful American Indian and Alaska Native children and families through a coordinated, high-quality, evidence-based home visiting program.

## COMMUNITY CONTEXT FOR THE PROGRAM

| State:   | Alaska   |   |  |
|--|--|---|--|
| Rural or<br>Urban/Reservation or<br>Non-Reservation: | Urban and Rural Non-Reservation  |   |  |
| Description of Service<br>Area:                      | The Fairbanks Native Association Tribal Home Visiting Project serves eligible families in the Fairbanks North Star Borough (FNSB). The total area of the FNSB is 7,361 square miles, which is approximately the size of New Jersey.  |   |  |
| Births Per Year:                                     | Information not available.   |   |  |
| Children Ages Birth to 5 Years in Target Community:  | According to the 2010 United States Census Bureau, children ages birth to 5 make up 8 percent (7,806) of the target population.  |   |  |
| Unique Characteristics of Target Community:          | The FNSB is the second-largest population center in the state and is located in Interior Alaska. Alaska Native population growth concentrated in urban areas in the 1990s, due in part to migration from rural Alaska. By 2000, more than 4 in 10 Alaska Natives lived in the state's urban areas. This region experiences extreme seasonal temperatures ranging from -66 to 50 °F in January to 30 to 90 °F in July. During the summer solstice, the Fairbanks Native Association has more than 22 hours of daylight. |   |  |
| Key Community Partners:                              | <ul> <li>Office of Children         Services</li> <li>Teach Infant Learning         Program</li> <li>Tanana Chief Conference</li> </ul>  | <ul> <li>Resource Center for Parents and<br/>Children</li> <li>Interior Alaska Center for Non-<br/>Violent Living</li> <li>Project Teach</li> </ul> |  |



# **COMMUNITY CONTEXT FOR THE PROGRAM (continued)**

| Key Community Partners:                      | <ul> <li>Alaska Center for Children<br/>and Adults</li> <li>University of Alaska<br/>Fairbanks Early Childhood<br/>Education</li> <li>FNSB School District Special<br/>Education</li> </ul>     | <ul> <li>Resource Center for Parents and<br/>Children</li> <li>State of Alaska Fairbanks<br/>Regional Public Health Center</li> <li>Chief Andrew Isaac Health Center</li> </ul> |
|--|---|---|
| Primary Risk Factors in<br>Target Community: | Risk factors include prenatal substance use, infant mortality, child abuse and neglect, sexual assault, high rates of domestic violence, and a high prevalence of alcohol dependence and abuse. |   |

#### PROGRAM DELIVERY CONTEXT

| Organization Type Administering the Program: | Fairbanks Native Association is an urban Indian organization.   |  |
|--|---|--|
| Implementing Agency:                         | Fairbanks Native Association  |  |
| Target Population:                           | The Fairbanks Native Association Tribal Home Visiting Project focuses on providing services to mothers and children ages birth to 5.  |  |
| Target and Actual Numbers<br>Served:         | Fairbanks Native Association estimates serving 60 families each year, including all children ages birth to 5 in each family. Since 2011, the project has served approximately 140 families. |  |

#### HOME VISITING MODEL SELECTED

The Fairbanks Native Association (FNA) Tribal Home Visiting Project selected the Parents as Teachers (PAT) model for its home visiting program.

#### **KEY MODEL ADAPTATIONS OR ENHANCEMENTS**

Aside from enhancing the cultural relevance of the curriculum by incorporating songs, dance, stories, and activities, FNA will not make major adaptations to PAT. Planned enhancements include involving elders during group meetings and home visits, and training staff in cultural competence to ensure that Parent Educators use strategies and activities consistent with the cultural values of the family. PAT model staff will assist FNA in developing and implementing the program, and to evaluate and monitor PAT model fidelity.

#### **DESCRIPTION OF EARLY CHILDHOOD SYSTEM**

The MIECHV Tribal Home Visiting Project will be part of FNA's agency-wide continuum of care. Several FNA programs provide maternal health, child health, and early childhood development services, including Early Head Start, Head Start, Tribal Home Visiting, and the Women and Children's Center for Inner Healing. FNA provides a range of behavioral health programs that serve adolescents and adults. Some of these programs include mental health components. FNA also works with the Fairbanks Community Behavioral Health Center and the Tanana Chiefs Conference Behavioral Health Department, both of which provide mental health services to the community.



# **EVALUATION APPROACH**

## **Evaluation Question**

Do mothers participating in the culturally enhanced PAT program show increased attendance, retention, and engagement in the home visiting program compared to mothers who previously participated in the non-culturally enhanced PAT program?

## **Evaluation Design**

FNA plans to use a comparison group study design for the evaluation. This process will compare historical data from a prior PAT home visiting program that did not use a culturally enhanced curriculum with the current group of families receiving a culturally enhanced PAT curriculum.

# **KEY FEDERAL AND TECHNICAL ASSISTANCE (TA) STAFF:**

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